

Tirzepatide

RESEARCH HANDLING GUIDE

30mg Vial

DOSING INSTRUCTIONS

Mixing Guide

- Commonly mixed with 2ml bacteriostatic water
- Add BAC water slowly down the side of the vial
- Swirl gently — do not shake aggressively

Timing

- Once weekly on an empty stomach in the evening

Dosing

- 4-8 week cycle
 - Draw out 10units (0.10ml) - week 1-4
 - Draw out 25units (0.25ml) week 5-8

Potential Benefits

- Appetite control
- Blood sugar support
- Reduced cravings
- Fat loss support
- Improved metabolic wellness
- Long-term weight management support

Storage

- Store refrigerated at 2-8°C
- Protect from sunlight and heat
- Use sterile syringes only

DISCLAIMER

All peptides are provided for wellness and aesthetic purpose only. For research use only.

This product is not intended to diagnose, treat, cure, or prevent any disease. Use under the guidance of a healthcare professional.

PEPTIDE *Progress* Date: _____

Date:	Date:	Date:	Date:
Date:	Date:	Date:	Date:



1 Under Arm

L	R	L	R	L	R	L	R
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2 Upper Arm

L	R	L	R	L	R	L	R
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3 Lower Arm

L	R	L	R	L	R	L	R
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4 Forearm

L	R	L	R	L	R	L	R
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5 Waist

L	R	L	R	L	R	L	R
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6 Top Middle

L	R	L	R	L	R	L	R
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7 Lowe Middle

L	R	L	R	L	R	L	R
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8 Bust/Chest

L	R	L	R	L	R	L	R
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9 Hips/Butt

L	R	L	R	L	R	L	R
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10 Upper Thigh

L	R	L	R	L	R	L	R
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11 Middle Thigh

L	R	L	R	L	R	L	R
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12 Above Knee

L	R	L	R	L	R	L	R
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13 Over Knee

L	R	L	R	L	R	L	R
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**CURRENT
WEIGHT**

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8