

Mini Booster Pack

RESEARCH HANDLING GUIDE

Retatrutide 40mg Vial & GHK-Cu 100mg Vial

DOSING INSTRUCTIONS

Mixing Guide

- **Retatrutide** mix with 2ml BAC water & **GHK-Cu** mix with 3ml BAC water
- Add BAC water slowly down the side of the vial
- Swirl gently — do not shake aggressively

Timing

- **GHK-Cu:** 2x times per week - Monday & Friday in the morning.
- **Retatrutide:** Once per week, in the evening

Dosing

- **GHK-Cu:** 4-8 weeks on, 2-4 week off-periods between cycles
 - Draw out 25units (0.25ml)
- **Retatrutide:** 4-8 weeks on, 1 week off-periods between each 4th cycles
 - Draw out 10units (0.10ml) - Week 1
 - Draw out 15units (0.15ml) - Week 2
 - Draw out 20units (0.20ml) - Week 3
 - Draw out 25units (0.25ml) - Week 4
 - Draw out 30units (0.30ml) - Week 5
 - Draw out 35units (0.35ml) - Week 6
 - Draw out 35units (0.35ml) - Week 7
 - Draw out 35units (0.35ml) - Week 8

If you would like to lose more weight please continue on 0.35ml, upping it every week, 0.40ml, 0.45ml, 0.50ml. Keep it at 0.50ml till you have reached goal weight

Dosing over 0.35ml will need to be split into 2 dosing a week (eg, 0.40ml - Split 0.20ml each)

Potential Benefits for GHK-Cu

- Collagen production support
- Skin rejuvenation
- Hair support
- Fine line support
- Elasticity support
- Wound healing support
- Stronger hair and nails

Potential Benefits for Retatrutide

- Appetite suppression
- Reduced cravings and emotional eating
- Improved satiety
- Fat burning support
- Metabolism support
- Waistline and body composition support
- Energy regulation support

Storage

- Store refrigerated at 2-8°C
- Protect from sunlight and heat
- Avoid repeated warming and cooling

DISCLAIMER

All peptides are provided for wellness and aesthetic purpose only. For research use only. This product is not intended to diagnose, treat, cure, or prevent any disease. Use under the guidance of a healthcare professional.

PEPTIDE *Progress* Date: _____

Date:	Date:	Date:	Date:
Date:	Date:	Date:	Date:



1 Under Arm	L	R	L	R	L	R	L	R
2 Upper Arm	L	R	L	R	L	R	L	R
3 Lower Arm	L	R	L	R	L	R	L	R
4 Forearm	L	R	L	R	L	R	L	R
5 Waist	L	R	L	R	L	R	L	R
6 Top Middle	L	R	L	R	L	R	L	R
7 Lowe Middle	L	R	L	R	L	R	L	R
8 Bust/Chest	L	R	L	R	L	R	L	R
9 Hips/Butt	L	R	L	R	L	R	L	R
10 Upper Thigh	L	R	L	R	L	R	L	R
11 Middle Thigh	L	R	L	R	L	R	L	R
12 Above Knee	L	R	L	R	L	R	L	R
13 Over Knee	L	R	L	R	L	R	L	R

**CURRENT
WEIGHT**

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8